

Worksheet: Old Thought, New Thought

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we rejoice in the hope of the glory of God.

—Romans 5:1–2

Current challenging or stressful situation: _____

My old incorrect thought(s) about the situation: _____

New, true thought(s) I choose to think about the situation: _____

Scriptural teaching, promises, or biblical examples that support my new thought or thoughts:

To download this worksheet, visit WarriorfortheLord.com/downloads.