Worksheet:
I Have Learned/I Am Learning
If Paul had to keep on learning, so do I!

I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation. —Philippians 4:11–12, emphasis added

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” —Matthew 11:28–30, emphasis added

Incident, situation, trial, or challenge I am facing: ______________________

What I have learned so far:__________________________________________

What I am in the process of learning: ________________________________

Relevant scripture: ________________________________________________

Incident, situation, trial, or challenge I am facing: ______________________

What I have learned so far:__________________________________________

What I am in the process of learning: ________________________________

Relevant scripture: ________________________________________________

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