

**Worksheet:**  
**I Have Learned/I Am Learning**  
***If Paul had to keep on learning, so do !!***

I **have learned** to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I **have learned** the secret of being content in any and every situation. —Philippians 4:11–12, emphasis added

“Come to me, all you who are weary and burdened, and I will give you rest.

Take my yoke upon you and **learn from me**, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” —Matthew 11:28–30, emphasis added

**Incident, situation, trial, or challenge I am facing:** \_\_\_\_\_

\_\_\_\_\_

What I have learned so far: \_\_\_\_\_

\_\_\_\_\_

What I am in the process of learning: \_\_\_\_\_

Relevant scripture: \_\_\_\_\_

**Incident, situation, trial, or challenge I am facing:** \_\_\_\_\_

\_\_\_\_\_

What I have learned so far: \_\_\_\_\_

\_\_\_\_\_

What I am in the process of learning: \_\_\_\_\_

\_\_\_\_\_

Relevant scripture: \_\_\_\_\_

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